Training Modules

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1.0	22/10/2026	Antonio Martin	Content Review; Final Version
2.0	26/10/2026	Steering Committee	Approval

List of Abbreviations

EU	European Union
EU4Health	European Union programme for the Union's health policy
HBV	Hepatitis B Virus
HCV	Hepatitis C Virus
HDV	Hepatitis D Virus (also known as Delta)
HIV	Human Immunodeficiency Virus
NGO	Non-Governmental Organisation
PDF	Portable Document Format
PEP	Post-Exposure Prophylaxis
PrEP	Pre-Exposure Prophylaxis
SERMAS	Servicio Madrileño de Salud
STI(s)	Sexually Transmitted Infection(s)

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Executive Summary

This document describes the syllabus and structural design of the MOBHOPE Training Modules Package, a key deliverable of the MOBHOPE project (Mobile Outreach for Liver Health in Vulnerable Populations in Europe), co-funded under the EU4Health Programme 2021–2027. MOBHOPE is a transnational initiative coordinated by the *Fundación para la Investigación Biomédica del Hospital Gregorio Marañón* (FIBHGM, Spain), with national health care mobile units in Spain (*Unidad Móvil de Cribados*), Croatia (Croatian Society for Liver Diseases 'HEPATOS'), and Portugal (*Ares do Pinhal*).

The training package consists of five short video-based modules, designed as an asynchronous online course delivered through the Moodle learning management system. The course is accessible via the MOBHOPE project website (https://mobhope.eu/) and targets health and social care professionals (including nurses, physicians, psychologists, social workers, NGO staff, peer workers, and prison health personnel) who work with at-risk and vulnerable populations in community or non-hospital settings.

The five modules cover the following thematic areas: (1) Course Introduction and Objectives; (2) Hepatitis C; (3) Hepatitis B; (4) Hepatitis D; (5) Human Immunodeficiency Virus; (6) Sexually Transmitted Infections. Each module includes a recorded video presentation (5 to 35 minutes, depending on complexity), downloadable support

materials in PDF format, and optional self-assessment quizzes. Upon completion, participants receive an automated certificate.

A defining feature of the package is its multilingual and culturally adapted design. Courses are delivered in Spanish, Portuguese, Croatian, and English with scripts standardised and then translated and adapted by national site teams to reflect local epidemiological contexts, referral pathways, and professional terminology. This approach ensures that training is not only linguistically accessible but also contextually relevant to professionals across the three participating countries.

This report constitutes the formal syllabus document accompanying the submission of the deliverable 'Comprehensive set of culturally and linguistically appropriate training modules (electronic)' to the EU Funding & Tenders Portal. Access to the live course is available through the MOBHOPE project website.

1. Introduction

Viral hepatitis together with Human Immunodeficiency Virus (HIV) and other sexually transmitted infections (STIs), continue to disproportionately affect vulnerable and marginalised populations across Europe. Mobile health outreach, bringing testing, prevention counselling, and linkage to care directly to at-risk individuals, represents one of the most effective strategies to reach those least likely to engage with conventional healthcare services.

Despite the documented effectiveness of mobile outreach models, a persistent challenge is ensuring that the health and social care professionals who staff mobile units have the specific knowledge, skills, and confidence required for this work. Community-facing professionals operate in complex settings where knowledge of rapid diagnostics, point-of-care technologies, brief intervention techniques, harm reduction principles, and linkage pathways is essential.

Within the MOBHOPE project, the Training Modules Package has been developed to respond directly to this gap. It constitutes a practical, accessible, and multilingual continuing education resource designed to be completed independently, without requiring attendance at in-person training events. The micro-learning format is specifically chosen to fit into the working schedules of front-line professionals.

This report sets out the full syllabus of the five training modules, describing for each module: its learning objectives, video content, supporting materials, and key messages. An overview of the Moodle technical implementation and the multilingual adaptation strategy is also provided.

2. Course Overview

2.1 General Description

The MOBHOPE Training Course is a short, asynchronous, online course hosted on the Moodle learning management system and accessible through the MOBHOPE project website. It is structured as a series of five thematic modules delivered as video presentations recorded face-to-camera, supplemented by downloadable materials and optional quizzes. The estimated total duration of the course is approximately two hours.

2.2 Target Audience

The course is designed for professionals working with vulnerable populations in community, outreach, or non-hospital settings, including:

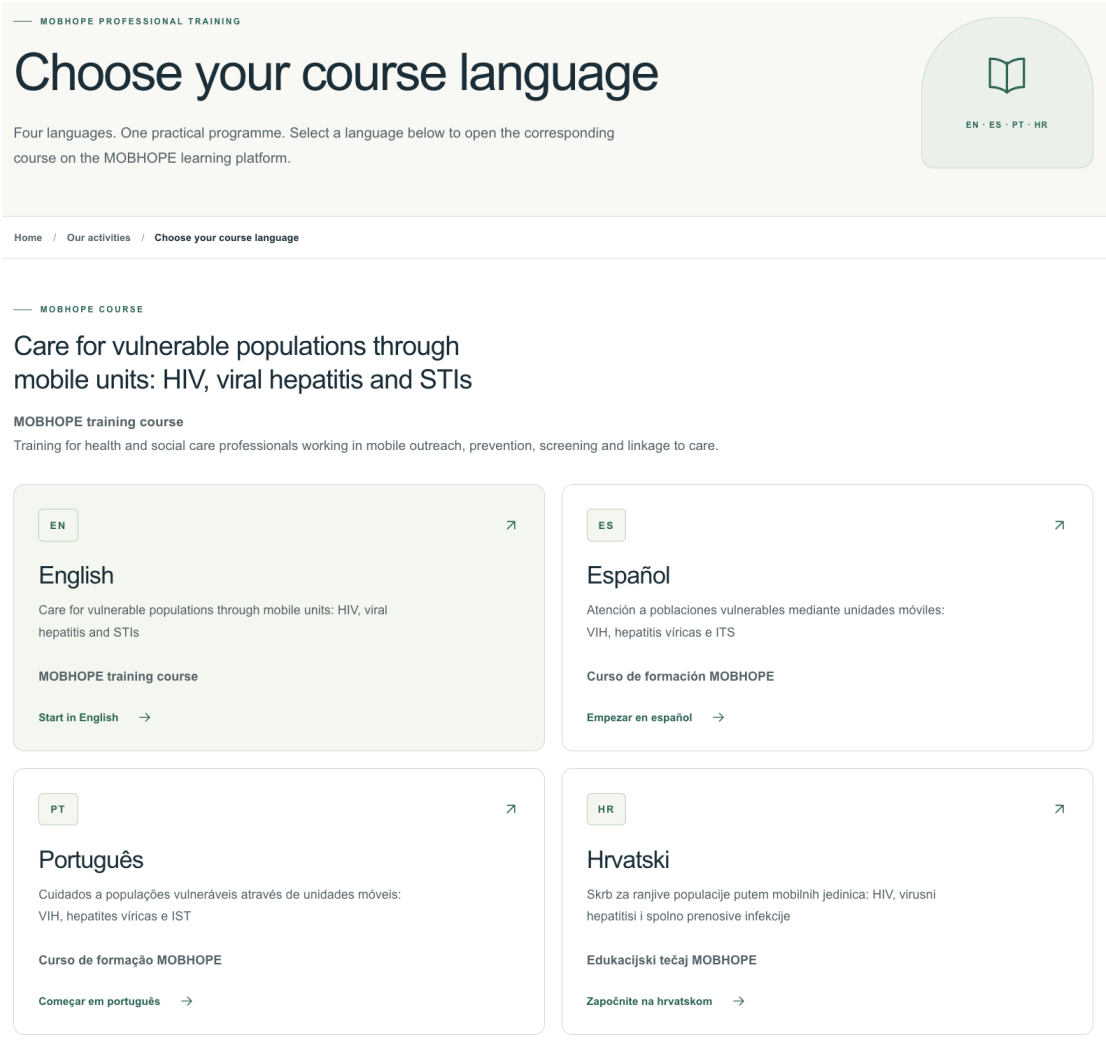
- Health professionals: nurses, physicians, and psychologists.
- Social workers and social educators.
- NGO and community outreach staff.
- Prison health and social care personnel.
- Peer workers and community mediators.

2.3 Course Format

The course is delivered through the following pedagogical components:

- Asynchronous online course hosted on Moodle.
- Short recorded video presentations.
- Downloadable PDF support materials (scripts, infographics, checklists).
- Optional self-assessment quizzes for knowledge consolidation.
- Automated certificate of completion upon finishing the full course.
- In-person training delivery, using PowerPoint presentations and Moodle-based pre- and post-training assessments to support interactive learning and evaluate knowledge acquisition.

Figure 1. Training Website Access



2.4 Language and Cultural Adaptation

The training package is produced in four languages corresponding to the three national project sites: Spanish (Spain/FIBHGM-SERMAS), Portuguese (Portugal/Ares do Pinhal), and Croatian (Croatia/Hepatos), as well as an international version in English. Initial recordings are produced in the primary language of each site team. Scripts are standardised and then professionally translated and reviewed by national teams to ensure both linguistic accuracy and cultural appropriateness. Country-specific epidemiological data, local referral pathways, and national clinical guidelines are integrated into each language version where relevant.

2.5 Course Access

The training course is publicly accessible via the MOBHOPE project website, which hosts the Moodle link and provides further information about the project. Professionals wishing to access the modules should visit:

https://mobhope.eu/trainning/

3. Syllabus

The following section describes each of the five training modules in detail, including learning objectives, video content, supporting materials, and key messages. Its total duration (consisting of its 5 modules and final feedback survey) should be within one hour for full completion.

Module 1. Community-Based Interventions and Mobile Health Services

Why mobile healthcare matters, the barriers that keep people from accessing conventional services, and how low-threshold, community-based outreach works in practice. Covers what mobile units offer, how to build trust with vulnerable communities, and how outreach connects into the wider pathway of referral, treatment, and retention in care.

Figure 2. Example Module 1 Slide (Portuguese)

Module 2. Hepatitis C (HCV)

Epidemiology and elimination priorities, transmission and risk factors, natural history and liver damage, prevention and harm reduction, the screening and diagnostic pathway, current direct-acting antiviral treatment, prognosis, and considerations for HIV/HCV co-infection.

Module 3. Hepatitis B (HBV) and Hepatitis Delta

Epidemiology, transmission, risk factors, and natural history of HBV; prevention through vaccination; diagnosis and treatment; and a dedicated section on hepatitis delta (HDV) — who is at risk, how it's diagnosed, and current treatment. Includes guidance for key populations (people experiencing homelessness, people who inject drugs, people in prison, sex workers).

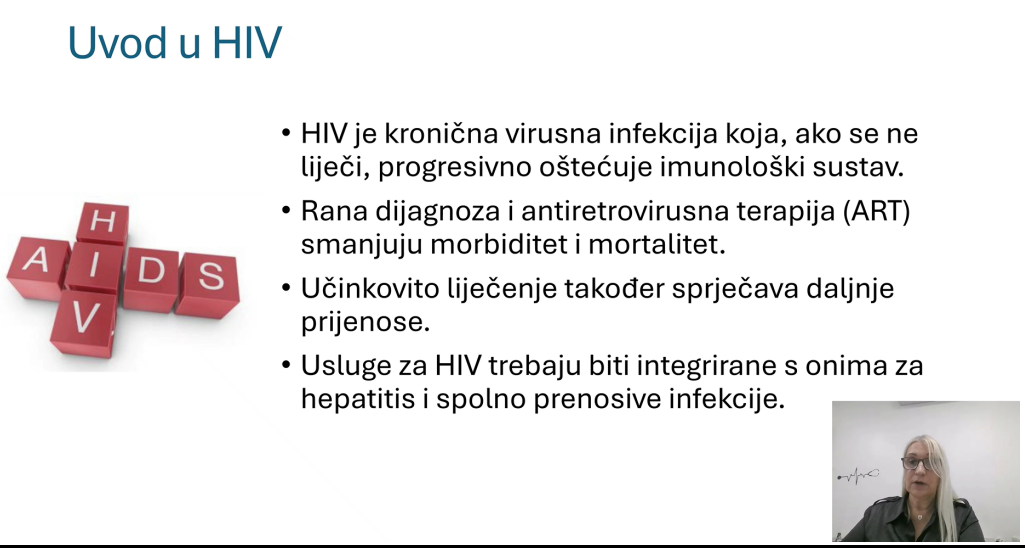
Module 4. Human Immunodeficiency Virus (HIV)

Epidemiology and late-diagnosis challenges, risk factors and transmission, prevention (including PrEP and PEP), testing and diagnosis, antiretroviral treatment, prognosis with early diagnosis and sustained treatment, and considerations for key populations.

Module 5. Sexually Transmitted Infections (STIs)

An introduction to bacterial, viral, and parasitic STIs; epidemiology; risk factors and transmission routes; prevention; diagnosis (including screening asymptomatic individuals); treatment and antimicrobial resistance; and considerations for key populations.

Figure 3. Example Module 4 Slide (Croatian)



4. Teaching Materials

For each of the five modules, the following teaching materials are produced and made available to learners and instructors:

Table 1. Teaching Materials

Material	Description
Video script	Written script (1–2 pages) per module, available in Spanish, Portuguese, and Croatian.
Slide set	Short slide deck (5–6 slides maximum) supporting each video.
Key take-home message	A single, memorable statement summarising the module's core learning.
Learning resources	Downloadable summary document for participants to retain after training and/or other resources available.

Self-assessment quiz	Optional multiple-choice questions integrated into Moodle for knowledge testing.

All materials are produced in the four project languages (Spanish, Portuguese, and Croatian, and an international version in English). Materials are adapted, not merely translated, to reflect country-specific epidemiological contexts, local clinical guidelines, and relevant referral pathways.

5. Moodle Technical Implementation

The course is hosted on the Moodle learning management system, accessible from the MOBHOPE project website. Table 3 summarises the technical structure of the Moodle implementation.

Table 2. Moodle Components' Implementation

Moodle Component	Implementation Detail
Course structure	Each module published as a separate section within a dedicated Moodle course.
Video delivery	Video presentations embedded directly within each module section.
Supporting files	Downloadable PDF materials attached to the corresponding module section.
Self-assessment	Optional multiple-choice quiz at the end of each module.
Certification	Automated certificate of completion issued upon finishing the full course.
Languages	Courses available in Spanish, Portuguese, and Croatian, and English.

Figure 4. Example Training Completion Certificate

6. Final Remarks

The MOBHOPE Training Modules Package represents a concrete and scalable output of the project's communication and capacity-building objectives. By providing evidence-

based, accessible, and multilingual training to health and social care professionals across Spain, Croatia, and Portugal, the package directly supports the project's overarching goal: improving the cascade of care for viral hepatitis, HIV, and STIs in vulnerable populations served through mobile outreach units.

The five-module structure — progressing from foundational disease knowledge through to practical community-based approaches — has been designed to be used as a complete course or as a modular reference resource, allowing professionals to engage with content relevant to their specific role and context.

Following the completion of the project (2025–2028), the training materials will be made openly available through the MOBHOPE website and appropriate open-access repositories, ensuring sustainability of this educational resource beyond the project's funding period.